



## How to Apply for the Mentorship Program:

### AS A STUDENT

If you're a CSEG Student Member, we'd like you to consider the program. Your best first step is to read what's expected of you. Just go to [CSEG.CA](http://CSEG.CA) and click on Mentorship Program.

There's a link to Roles and Responsibilities and another to the Application Form. Just fill it out and contact us at [mentorship@cseg.ca](mailto:mentorship@cseg.ca).

### AS A MENTOR

If you are a geophysicist and have a willingness to share your skills and experience and you are a CSEG Member, you are qualified. To read what's expected of you, go to [CSEG.CA](http://CSEG.CA) then click on Mentorship Program.

There's a link to Roles and Responsibilities and another to the Application Form. Just fill it out and contact us at [mentorship@cseg.ca](mailto:mentorship@cseg.ca).

## What is the CSEG?

The society's raison d'être is to foster professional, educational and social opportunities for its members. As geophysicists, we are determined to show the world how to understand planet Earth. In the process, we intend to build a greater appreciation for the profession of geophysics.

## Seeking the Best and the Brightest.



### MORE INFORMATION

Canadian Society of Exploration Geophysicists  
[mentorship@cseg.ca](mailto:mentorship@cseg.ca)

Visit us at [CSEG.CA](http://CSEG.CA)



## The Power of Mentorship is Within Your Grasp

For students, it can be your roadmap to success.

For mentors, the rewards are tangible and dynamic.



**CSEG**  
Foundation

CANADIAN SOCIETY OF  
EXPLORATION GEOPHYSICISTS



Tested and proven for over 2500 years, mentoring drives all fields of endeavour. It has been key to the expansion of knowledge and progress of science. And it remains one of the most powerful means of transferring skills and advancing our profession.



## What's Mentoring like for Students? Why join the Program?

Everyone needs 'Go-To People' in their lives. Our mentorship program facilitates a go-to relationship between students and CSEG professionals.

Better than anyone else, you know what your interests are. But realizing them can be a challenge. So that's when a mentor comes in handy. He or she can help you find what you want and get what you need.

As the relationship matures, you'll find yourself collaborating with your mentor. There's nothing better than having a trusted, seasoned pro as a sounding board for even your wildest ideas. It's one of the ways your mentor can help you build the kind of customized knowledgebase that you're going to need for your career.

On a practical level, a mentor can get you access to everything our profession offers. You'll get to go behind the scenes where you may explore various career options. You'll meet other pros and begin building your own network.

Join the program and you will experience some peace of mind. Your academic and professional worries should feel a little lighter. The frustrations of not knowing what to do will certainly abate. And your career goals may just become a little more attainable.



## What's in it for Mentors? Why Join?

According to the Harvard Business Review, mentoring has become more prevalent and popular over the past 20 years. Social scientists say that being a mentor can make you feel 'valued and engaged'. And yet, we're all so different that the experience is often unique to each of us.

Being a mentor can be a very personal and rewarding experience. You have worked in your profession and have built skill and experience. You understand the industry and you have the knowledge to answer students' questions. You've walked in their shoes so you can empathize with what they're going through. You can coach, advise, guide, and be comfortable doing so

Better yet, you are established in our profession and the industries we serve. You can get students access to the resources that can help them develop their careers. You can help them network and gain insight into the ways we serve the world of science, so they can find their place in that world.

As a mentor you are a coach, advisor, champion and advocate. There are students eager to hear from you. The payoff is feeling good about yourself and enriching the lives of others.